



Jackson Hole Youth Soccer “Play On” Guidelines

Version 1.5, 8.23.2021

After consulting with WSA, USYS, state & local public health authorities as well as our coaches and managers, Jackson Hole Youth Soccer (JHYS) has updated our “Play On” guidelines. We ask that each family carefully read the specific guidelines the club has implemented as part of our current “Play On” phase.

JHYS is committed to keeping players with healthy lifestyles and continue the beautiful game without risking a resurgence of the spread of COVID-19. As always, the safety and health of our players, families, and coaches is our number one priority. Our purpose is to protect not only our players but our community. Staying on the field - safely and responsibly - is what we all want!

The purpose of this document is to compile and summarize pertinent information to support safe and appropriate practices for players during the expected transition period back to the “new normal” of soccer activity. The information included here is to be applied in accordance with the latest local, state, and federal guidelines related to the containment and prevention of COVID-19. The document does not replace the advice or direction of medical professionals. The risks of infection still exist. Even with a vaccine for COVID-19 readily available to the eligible public, we must proceed cautiously and continue to monitor and comply with the Governor’s office, state and local health, CDC and any other federal or local regulations.

We will need the help and support of EVERY family to implement these policies as it cannot be left up solely to the managers and coaches.

GUIDELINES

General

- If any player, coach, spectator, misc. member of JHYS is exhibiting signs or symptoms compatible with COVID-19, the individual should stay home and test immediately regardless of vaccination status. Symptoms of COVID-19 can include fever (>100.4) or feverishness, fatigue, cough, shortness of breath or difficulty breathing, chills or shaking chills, muscle pain or body aches, headache, sore throat, cold like, allergy, new loss of taste or smell, diarrhea, and nausea or vomiting.
- If any player, coach, spectator, misc. member of JHYS have been exposed to someone with COVID-19, eligibility of participation for the individual will be determined by the current “Close Contact Decision-Making Tree” (updated on 8/13/21) established by Teton County Health Department at the end of this document.
- Players or coaches with immune deficiencies or other elevated risk factors should not attend any organized training sessions.
- Isolated and quarantined players, coaches, spectators, misc. members of JHYS are not allowed to attend practice, games, or events.

- An RSVP and attendance system will be used for planning and to record possible interactions in the event of a positive COVID-19 diagnosis.
- If it at any time before or during our season a player or coach is diagnosed or exposed with COVID-19, the individual is required to follow the Reporting Plan listed on page 3 of this document.

Off the Field

- Wash your hands with soap and water or hand sanitizer thoroughly prior to arriving to the fields.
- Players should bring a full personal use water bottle (labeled with name) and personal bottle of hand sanitizer (labeled with name).
- Fill water bottles at home with daily washing recommended each day.
- Carpooling to practices, games, etc. is not recommended. Only members of the same family should be in a vehicle together.
- Players should leave the car ready to play (wearing shoes / cleats, shin guards, etc.) to avoid having unnecessary personal belongings on the field.
- Congregation of parents or families in a close contact setting on the sidelines is not recommended during training sessions or events. We ask that anyone staying for practice to remain in their car or maintain proper social distance outside of the immediate playing field.
- If you need to talk with a coach, please call or text them. We ask that you do not interact with the coach at the field.
- Player clothes should be washed after each training.

On the Field

- Upon arrival at practice, it is recommended players find a unique designated spot marked on their assigned field keeping at least 6 feet away from another player. This area will be used to store water bottles, bags, extra clothing, and personal items.
- Players need to self-screen at each training session or game for symptoms consistent with COVID-19.
 - Is anyone running a temperature?
 - Does anyone have a persistent cough?
 - Does everyone feel well and healthy?

Any individual with a temperature >100.4 or experiencing any other symptoms consistent with COVID-19 will not be permitted to participate.

- Player equipment (cleats, balls, shin guards etc.) should be sanitized before and after every training.
- Regardless of vaccination status, one should consider wearing a mask in crowded outdoor settings when physical distancing of 6 feet cannot be maintained.
- Do not share water bottles, cups or other items. Avoid using water fountains.
- Avoid touching the eyes, nose, and mouth.
- If you need to cough or sneeze, use the inside of the elbow to avoid germs on the hands.
- When play has ended, wash your hands with soap and water or hand sanitizer immediately, avoid post play socializing and leave the field as soon as reasonably possible.
- Minimize physical contact among participants. Avoid handshakes, high fives, fist pumps, chest bumps, huddles, group celebrations, etc. at any training sessions or games.
- Injuries - the immediate safety of the player must remain the top priority, but care should be given when addressing small injuries (i.e., handing out band-aids). When possible, a parent / guardian should assist in any care necessary.

Reporting Plan

- If at any time before or during our season a player or coach is diagnosed with COVID-19 or has had known exposure to someone who has been diagnosed with COVID-19, that information MUST BE communicated to JHYS (either via the player's coach, directly to JHYS's Executive Director or Director of Coaching, or reporting link listed below) as promptly as possible.
- Any individual (player, coach, staff, or parent/guardian) who has tested positive for COVID-19 must be symptom free after 10 days (from the positive test date or symptom onset date) and cleared by medical personnel before returning to their respective team, sideline, or JHYS sponsored activity.
- Any asymptomatic player, coach or staff member who has been exposed to an individual with a diagnosed case of COVID-19 will be restricted from participation for at least 10 days and monitored for any symptoms consistent with infection before being allowed to return to their respective team, sideline, or JHYS sponsored activity. If exposed, the individual should test on day 5 and 11 after the exposure.
- Exposure means any one of the following:
 - Caring for a person with a confirmed COVID-19 infection.
 - Living in the same household as an individual with a confirmed COVID-19 infection.
 - Being within 6 feet of an individual with a confirmed COVID-19 infection for a cumulative of 15 minutes or more over a 24 hour period.
 - OR: coming in direct contact with secretions from an individual with a confirmed COVID-19 infection (being coughed on, sneezed on, or sharing a water bottle or other item).

[COVID REPORTING LINK HERE](#)

Given the changing pandemic environment, these guidelines may change at any time. These guidelines address current phases of "Play On". Additional guidelines will follow as the COVID-19 pandemic continues to evolve. Finally, JHYS acknowledges and supports decisions of players, families, and coaches who are uncomfortable participating for any reason.

ADDITIONAL RESOURCES

Teton County COVID-19 Information

<https://covid19.wyo.gov/>

Teton County COVID-19 testing Information

<https://www.tetoncountywy.gov/2212/Testing>

State of Wyoming COVID-19 Information

<https://covid19.wyo.gov/>

Wyoming Department of Health

<https://health.wyo.gov/publichealth/infectious-disease-epidemiology-unit/disease/novel-coronavirus/>

Centers for Disease Control and Prevention

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

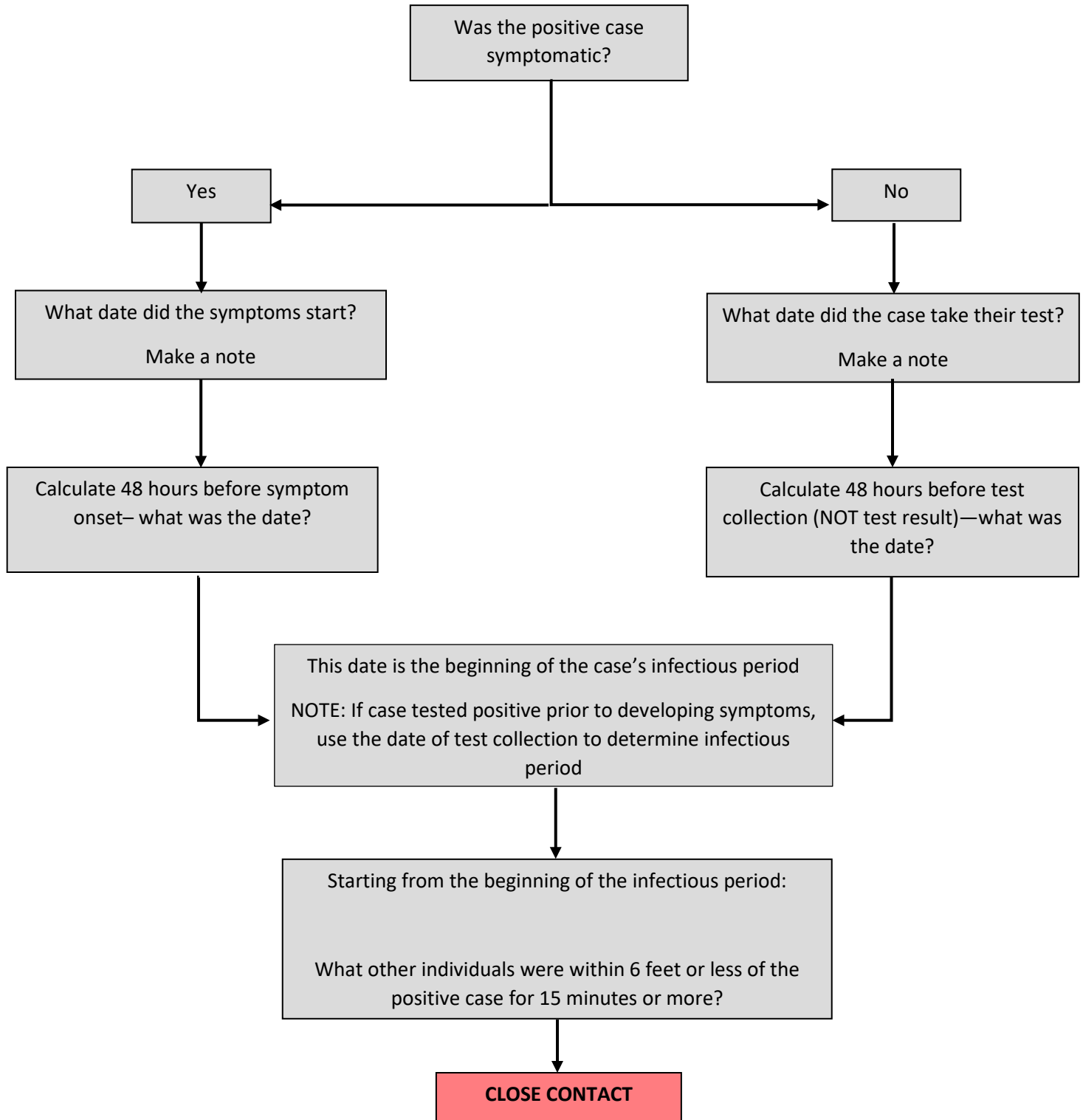
World Health Organization

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

Close Contact Decision-Making Tree | For Businesses, Organizations, and Individuals

Updated 8/13/21

****Use this as a guide so you can assist your workforce, but please know that cases and contacts still need to talk to the health department team. TCHD may ask individuals take alternative action after working through the nuances of each situation.**



NEXT STEPS:

UTILIZE THE BUSINESS ISOLATE & TRACE DECISION MAKING TREE TO DETERMINE WHAT ACTION SHOULD BE TAKEN

Isolate & Trace Decision-Making Tree

For Businesses, Organizations, and Individuals

Updated 8/13/21

****Use this as a guide so you can assist your workforce, but please know that cases and contacts still need to talk to the health department team. TCHD may ask individuals take alternative action after working through the nuances of each situation.**

Is the individual a close contact?

An individual is considered a close contact if they were within 6 feet or less of the positive case for 15 minutes or more.

This only applies if the interaction was within 48 hours of the positive case's symptom onset OR asymptomatic positive test specimen collection (whichever occurred earlier).

NOTE: indoor vs. outdoor environment; masked vs. unmasked does **NOT** influence if an individual is a close contact or not

For more detail/guidance, utilize the Business Close Contact Decision-Making Tree



Yes

No

Exposure did not occur, no quarantine necessary

Is the close contact fully vaccinated?

Fully vaccinated is defined as 2 weeks or more after:

- single dose of J&J
- 2nd dose of Pfizer or Moderna

Yes

No

Does the close contact have symptoms?

Yes

Quarantine and test immediately

Positive Result: Enter isolation

Negative Result: Resume normal activity

No

No quarantine necessary, BUT:

- Test 3-5 days after exposure
****Last Exposure = Day 0**
- Wear a mask in **all** indoor settings until negative test result or for 14 days after exposure
- After test result or 14 days, continue to follow any indoor public mask recommendations based on community transmission levels
- If symptoms arise, isolate and test immediately

CLOSE CONTACT MUST QUARANTINE

Quarantine Options:

****Last Exposure= Day 0**

1. Gold Standard / preferred option: 14 days, test on or after days 5 and 11
2. No symptoms: test on day 5, release on day 8 after negative test result
3. No symptoms: no test, release on day 11

NOTE: If symptoms arise, isolate and test immediately

Testing Information: <https://www.tetoncountywy.gov/2306/COVID-19-Testing-Options>

Vaccine Information: <https://www.tetoncountywy.gov/covidvax>

Regardless of vaccination or close contact exposure to a confirmed case, if symptoms arise, isolate and test immediately