Jackson Hole Youth Soccer “Return to Play” Guidelines
Version 1.0, 5/18/20

After consulting with WSA, USYS, local public health authorities as well as our coaches and managers, Jackson Hole Youth Soccer (JHYS) is ready to take the next step to “return to play”. We ask that each family carefully read the specific policies the club will be implementing as part of our initial phase of “Return to Play”.

We are committed to getting players back to healthy lifestyles and restart the beautiful game without risking a resurgence of the spread of COVID-19. As always, the safety and health of our players, families, and coaches is our number one priority. Our purpose is to protect not only our players but our community. Getting back on the field - safely and responsibly - is what we all want!

JHYS has established a phased “Return to Play” operational plan that is aligned with Teton County Health Department’s color-coded public guidance system (Red, Orange, Yellow, & Green) which helps assist our community through the reopening process. Currently, Teton County is in the ORANGE (Moderate Risk) Phase. Please click here to get a better understanding what ORANGE means. It is our hope that Teton County will continue to progress through this system moving into YELLOW and finally GREEN as the “new normal”. As we do, JHYS will adjust our guidelines accordingly.

- RED (High Risk) - No organized play is allowed
- ORANGE (Moderate Risk) – Individual skill-based practices with less than 25 people are permitted; social distancing and specific health guidelines in place.
- YELLOW (Low Risk) – small sided games allowed; specific health guidelines eased but some remain in place.
- GREEN (New Normal) – full games resume, regional play permitted; “new normal” health guidelines in place.

The purpose of this document is to compile and summarize pertinent information to support safe and appropriate practices for players during the expected transition period back to the “new normal” of soccer activity. The information included here is to be applied in accordance with the latest local, state, and federal guidelines related to the containment and prevention of COVID-19.

We will need the help and support of EVERY family to implement these policies as it cannot be left up solely to the managers and coaches.

GUIDING POINTS OF EMPHASIS FOR PRACTICES (ORANGE LEVEL)
- Proper social distancing (physical distance) of 6 feet or more among participants, coaches, and parents or other spectators will be followed.
- Training sessions will consist of no more than 25 people in their designated field space.
• Only players registered on the specific team may train together. No guest players are allowed.
• Training sessions are limited to non-contact activities. Our “Player and their ball” concept will focus on individual skills, ball mastery, agility training, and fitness along with soccer tennis games.
• No small sided games, or scrimmages.
• Modified starting and ending session times will allow for a buffer for individual teams to leave the designated field prior to the next scheduled team to arrive.

GUIDELINES (ORANGE LEVEL)

General
• Coaches, players and their families may not participate in any organized soccer activity or enter a recreational area if either they or a household member has had onset of illness with symptoms compatible with suspected or lab-confirmed COVID-19 in the prior 14 days. Symptoms of COVID-19 can include fever (>100.4) or feverishness, cough, shortness of breath or difficulty breathing, chills or shaking chills, muscle pain, headache, sore throat, and new loss of taste or smell.
• Coaches, players and their families may not participate in any organized soccer activity if they have been in contact with someone with COVID-19 in the last 14 days.
• Players or coaches with immune deficiencies or other elevated risk factors should not attend any organized training sessions.
• An RSVP and attendance system will be used for planning and to record possible interactions in the event of a positive COVID-19 diagnosis.

Off the Field
• We expect coaches, managers, and players to self-monitor. Before practice he/she should take his/her own temperature and check for any COVID-19 symptoms.
• Wash your hands with soap and water or hand sanitizer thoroughly prior to arriving to the fields.
• Players should bring a full personal use water bottle (labeled with name) and personal bottle of hand sanitizer (labeled with name).
• Fill water bottles at home with daily washing recommended each day.
• Carpooling to practices, games, etc. is not recommended. Only members of the same family should be in a vehicle together.
• Players should leave the car ready to play (wearing shoes / cleats, shin guards, etc.) to avoid having unnecessary personal belongings on the field.
• No parents or siblings of players will be allowed at the field during training sessions.
• Congregation of parents or families on the sidelines is not permitted. We ask that anyone staying for practice to remain in their car.
• If you need to talk with a coach, please call or text them. We ask that you do not interact with the coach at the field.
• Players should wait for rides separated by at least 6 feet.
• Player clothes should be washed after each training.
On the Field

- Upon arrival at practice, players will find a unique designated spot marked on their assigned field keeping at least 6 feet away from another player. This area will be used to store their water bottles, bags, extra clothing, and personal items.
- Players will be screened by the coach / JHYS staff at each training session for symptoms consistent with COVID-19.
  - Is anyone running a temperature?
  - Does anyone have a persistent cough?
  - Does everyone feel well and healthy?
  Any individual with a temperature >100.4 or experiencing any other symptoms consistent with COVID-19 will not be permitted to participate.
- Players are required to bring their own ball (properly inflated and marked with the players name.)
- Player equipment (cleats, balls, shin guards etc.) should sanitized before and after every training.
- Players are encouraged but not required to wear protective masks or appropriate cloth facial covering.
- Bulk sanitizer will be provided for those players that do not have access to personal sanitizer. Every player must sanitize his or her hands immediately after getting out of the car for practice and then again at the end of practice.
- Do not share water bottles. Avoid touching or using water fountains.
- Teams should take water breaks with at least 6 feet of physical distance between each person.
- Avoid touching the eyes, nose and mouth.
- If you need to cough or sneeze, use the inside of the elbow to avoid germs on the hands.
- When play has ended, wash your hands with soap and water or hand sanitizer immediately, avoid post play socializing and leave the field as soon as reasonably possible.
- Coaches are encouraged but not required to wear protective masks or appropriate cloth facial covering.
- Use of player pennies is discouraged. If a coach chooses to use them, a player will be issued one for the season. Sharing of pennies is not permitted.
- Coaches will disinfect items (such as balls, cones, and other training equipment) touched by more than one person after each practice.
- Practice equipment should only be handled by the coach.
- Coaches should avoid sharing training equipment where possible.
- No physical contact among participants. No handshakes, high fives, fist pumps, chest bumps, huddles, group celebrations, etc. at any training sessions.
- No sharing of cups, water bottles or other items.
- Scrimmaging, small sided games, possession games, etc. will be avoided due to social distancing guidelines.
- Lines should be avoided when possible and must delineate appropriate distance for players to stand if used.
- Injuries - the immediate safety of the player must remain the top priority, but care should be given when addressing small injuries (ie handing out band-aids). When possible, a parent / guardian should assist in any care necessary.

If at any time before or during our coming season a player or coach is diagnosed with COVID-19 or has had known exposure to someone who has been diagnosed with COVID-19, that
information MUST BE communicated to JHYS (either via the player’s coach or directly to JHYS’s Executive Director or Director of Coaching) as promptly as possible.

Given the changing pandemic environment, these guidelines may change at any time. These guidelines address early phases on “Return to Play”. Additional guidelines will follow as the COVID-19 pandemic continues to evolve.

Finally, JHYS acknowledges and supports decisions of players, families, and coaches who are uncomfortable participating for any reason

ADDITIONAL RESOURCES
State of Wyoming COVID-19 Information
https://covid19.wyo.gov/

Wyoming Department of Health

Centers for Disease Control and Prevention

World Health Organization
https://www.who.int/emergencies/diseases/novel-coronavirus-2019

American Chemistry Council - COVID-19 List of Fighting Products
Teton County's Moderate Risk Phase
What does ORANGE mean and what can you do?

Moving to Orange
Teton County's physical distancing efforts to slow the spread of COVID-19 have been working! Forward progress won't be instant like flipping a switch; rather, it'll be more like gradually moving a dial.
Teton County Health Department has developed a color-coded public health guidance system to assist our community through the reopening process.
In every color, high-risk individuals operate under specific instructions issued by the Teton County Health Department, some of which are listed below.

General guidelines for individuals:

Groups of 25 or fewer
Gathering in groups of 25 or fewer while maintaining physical distancing, following State-wide Order #2
Face coverings worn in public settings
When recreating, maintain at least six feet of distance, and keep pets on leash or leash on pathways. Do not carpool.
Leave home infrequently, stay six feet away from others
Limit travel. If you must travel out of state, monitor symptoms upon return to Wyoming
Do not arrange or participate in in-person playdates or similar activities. Avoid playground equipment.

READ THE COMPREHENSIVE PLAN ON OUR WEBSITE:

High risk individuals:
• Face masks worn at all times in public settings
• Limit travel to only essential travel
• Limit visiting friends or family without urgent need
• Limit physical interactions with other high-risk individuals, except for household members
• Do not visit hospitals, nursing homes, or other residential care facilities

General guidelines for businesses:

Employers: encourage telework as much as possible. Within offices and businesses, stagger schedules and clean personal and communal spaces at least daily

Close contact businesses (gyms, hair salons, etc.) may open but must abide by strict guidelines laid out in State-wide Health Orders #1 and #3

Delivery, pick-up, and takeout encouraged. Restaurants may open for dine-in service at limited capacity with strict guidelines laid out in State-wide Health Order #1

Daycares may open following strict guidelines laid out in State-wide Health Order #1, prioritizing the children of essential workers